

Vegetable gardens



A home vegetable garden or at a gardening association can provide just about all of a family's fruit and vegetable needs.



How large should a vegetable garden be?

Measurements of production gardens per person

Partial self-sufficiency:

25 m² (Vegetables, fruit and herbs, including paths and composting)

Extensive self-sufficiency:

70 m²

Complete self-sufficiency:

170 m² of which:

Urban green-blue grids

- 20 m² for vegetables for immediate consumption
- 40 m² for preserving and potatoes
- 100 m² for fruits and nuts, and
- 10 m² for paths and composting

